

## Aspire Outreach service

**Our aim:** The Aspire SEMH Outreach team aim to provide targeted support to individuals who are struggling with social, emotional, and mental health difficulties and the professionals who are supporting them. Their primary focus is on enabling these individuals to thrive academically, socially, and emotionally within mainstream educational settings.

### What does Outreach do?

- The Aspire SEMH Outreach Team (AOT) provide bespoke consultation and support for students in Rotherham schools with an identified Social, Emotional, Mental Health (SEMH) need in line with the SEND code of practice. The aim is to build strategies in response to the student's need with an evidenced intervention plan and potential training to support the school.

### What does the process look like?

#### Referral

- Schools to refer into Outreach service completing set referral form with all sections completed and at this point schools will be asked to return Boxall/SDQ forms to give initial baseline.
- These are returned to [outreach@rotherhamaspire.org](mailto:outreach@rotherhamaspire.org)
- Primary deadline is Tuesday 12pm every week (excluding school holidays)
- Secondary deadline is Wednesday 12pm every week (excluding school holidays)
- SEMH specialist Outreach team member allocated to the case.

#### Contact, initial observation

- Allocated SEMH specialist Outreach team member will make contact with school to book an initial observation and discussion with key point of contact.
- Observation completed and discussion on support required with key point of contact. From this discussion the type of support will then be decided.
- Observation report will be written and shared with school within 2 weeks.

#### Intervention support

- Intervention support can take various forms: 1:1 support, working with staff to implement recommended strategies or group work with up to 4 pupils. The length of sessions will vary depending on each child's needs.
- Interventions will take place over a 12 week period with a review meeting at 6 weeks, to be completed with schools. This will be to feedback to all parties involved and share progress that has been made.
- Interventions may be reduced or increased from 12 weeks dependant on the progress of the sessions but will last no longer than 14, unless there are exceptional circumstances which must be agreed with the Strategic Lead of the Outreach team.

#### Closing report and training

- A closing report will be written and shared within 2 weeks of closing a case. This will then be shared with key point of contact to discuss further recommendations. This is when final Boxall reports should be completed and shared to allow comparison from baseline.
- Training from the core offer is also available to schools, which is outlined on the Outreach website. Training maybe highlighted in the recommendation section of the final report written by the SEMH specialist Outreach team member.